# Active and Healthy Seed Funding Application

## \* indicates a required field

# Seed Funding Opportunity

Ipswich City Council currently run 40 free physical activity sessions every week during school terms for our community. These aim to improve participants health and wellbeing.

To extend on our existing suite of activities, Council are offering local physical activity providers the opportunity to apply for seed funding. This would be a Council contribution of \$50 per session to run either a free or low-cost physical activity session for the community, for 40 weeks per year (during school terms).

Each applicant can apply for funding for 1 or 2 sessions per week. This money can be utilised to fund an existing program OR to fund a new program.

Participants can't be charged more than \$5 to attend the session. The money received from participants will go directly to the facilitator/ provider of the class and will be in addition to the \$50 received from Council.

Seed funding will be provided for 6 months and extended for up to 12 months total depending on community participation in the class. The intent is to help local providers get low-cost physical activity sessions started and for them to be generating enough participation to be self-sufficient after the funding period.

To apply, please complete the online application form below. Program criteria is included at the bottom of the form.

# Benefits of Seed Funding

## Promotion

Council will help promote your classes including on our social media, website and on our Active and Healthy Calendars. We can also share the information about your class with our existing list of program past participants (over 4,000 subscribers).

You will also be provided with an instructor shirt and pop-up banner to promote the sessions to locals.

#### Permits/ Location

We will cover your permit for use of our parks (if that is the location of your activity). We can provide you with use of a Council owned and managed asset (if it is available) for indoor classes. Alternatively, we can also link you with organisations of community centre's if you would like to host an indoor session. You can utilise your \$50 seed funding to cover the cost of an indoor venue.

# Program Criteria

• Weekly sessions, not one-off events

- Program Accessibility: low to medium intensity, can cater for beginners, delivered in a professional and safe manner, community oriented, affordable
- Physical activity class that benefits the local area, is culturally respectful, nondiscriminatory and that fits into the existing suite of program audiencs:
- Active Ipswich (adults) <u>https://www.ipswich.qld.gov.au/live/healthy\_lifestyle/active-programs/active-parks-program</u>
- Active Seniors (adults over 60) <u>Active Seniors : Ipswich City Council</u>
- Active Mums and Bubs (post-partum mums/ mums) <u>https://www.ipswich.qld.gov.au/live/</u> <u>healthy\_lifestyle/active-programs/mumsandbubs</u>
- All Abilities (physical or intellectual disabilities) <u>https://www.ipswich.qld.gov.au/live/</u> healthy\_lifestyle/active-programs/allabilitiesyoga
- Not in direct competition with an existing physical activity class
- Provider has to have the capacity to manage participant payment to attend
- Provider has to report weekly attendance numbers to Council (via text or email) and a monthly photo of the class (via text or email)
- Council will only offer each provider up to two sessions per week

# **Applicant Details**

#### Applicant \*

First Name

Last Name

## Name of Organisation/ Business

Organisation Name

## **Applicant Phone Number**

Must be an Australian phone number.

## Applicant Email \*

Must be an email address.

## **Organisation Website or Social Media**

Must be a URL.

## Facilitator/ Organisation Experience \*

Please include: how long your business has been established; classes your facilitate; training you have done

## Session Details

#### Name of Current/ Proposed Session \*

#### What existing Council program will this session align? \*

- Active Ipswich (adults)
- □ Active Mums and Bubs (mums with children)
- □ Active Seniors
- □ All Abilities (Physical / intellectual disability)
- □ Active Kids

#### Is this class new or existing? \*

- New
- Existing

#### Proposed/ Current session logistics (time, day, location) \*

If not confirmed, please include suggested day and time

#### Please provide a basic description of the session: \*

Please include: type of exercise; accessibility and adaptability for the community; equipment you have for the session

#### Please outline the community need for the class and the community benefit \*

Please include: current community support/ or community need; physical, social and mental health benefits participants from attending the session

#### How many participants currently attend/ could attend the session? \*

Must be a number.

#### How much will you charge participants to attend? \*

Must be a number. If you are not proposing to charge participants put 0.

#### How will you manage payment?

Cash, tap & go

#### **Total Amount Requested \***

\$ Must be a dollar amount. (maximum of \$4000 per year - based on a maximum of 2 classes per week)

# Will you adhere to sound workplace health and safety measures when delivering physical activity sessions? \*

- □ Yes
- 🗆 No
- □ Need more information about OH&S

# Mandatory Applicant Information

#### ABN

The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity name	
ABN status	
Entity type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	More information
ACNC Registration	
Tax Concessions	
Main business location	

Must be an ABN.

## Public Liability Insurance (minimum \$20 000 000) \*

Attach a file:

## Current First Aid and CPR Certificate \*

Attach a file:

#### **Qualifications/ Certificates \***

Attach a file:

**Current Blue Card (if applicable)** Attach a file:

# Terms and Conditions

- It will be up to Council's discretion to support activities and applications will be assessed by 3 panel members.
- Priority will be given to first-time applicants who have not previously received Active and Healthy seed funding.
- Payment will be made monthly after receiving the invoice and participant attendance numbers.
- Applicants must have current CPR and First Aid certificates, and \$20 000 000 public liability insurance, and current blue card (if applicable).
- The contract will be reviewed at 6 and 12 months with the outcome to make the class self sufficient after 12 months.
- Contract can be cancelled if: the class is not well supported by the community, the provider fails to keep in contact with council, the provider fails to share weekly participant numbers, the provider over charges participants, the provider fails to deliver classes in a professional and safe manner.